



**NATIONAL CONFERENCE  
ON  
FITNESS, HEALTH AND SPORTS SCIENCES  
(NCFHSS-2019)**



**16-17 March, 2019**

Dear Participants,

Those who want to publish their research work/paper in proceedings with ISBN will be required to submit the letter of Intent and Copyright certificate along with their abstract, full paper & registration details.

With Kind Regards,

**(Dr. Keshav Singh Gurjar)**  
HOD & Organizing Secretary,  
NCFHSS-2019

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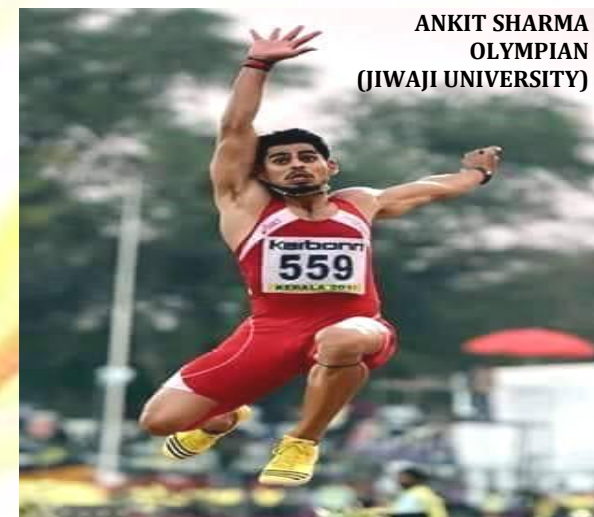
## VENUE

**GALAV SABHAGAR,**  
**JIWAJI UNIVERSITY,**  
**GWALIOR - 474 011**

## UGC SPONSORED NATIONAL CONFERENCE ON

**FITNESS, HEALTH AND SPORTS SCIENCES**

**16-17 March, 2019**



**ANKIT SHARMA**  
**OLYMPIAN**  
**(JIWAJI UNIVERSITY)**

**School of Studies**  
**Physical Education and Sports Sciences**  
**Jiwaji University, Gwalior (M.P)**  
**(Accredited 'A' Grade by NAAC)**

## INVITATION

Dear fellow Physical Educationist, it is our honor to convey that the **NATIONAL CONFERENCE on 'Fitness, Health and Sports Sciences'** will be held during March 16-17, 2019 at School of Studies in Physical Education, Jiwaji University, Gwalior M.P. It gives me immense pleasure to invite all Physical Education Personnel to participate in the scientific deliberations and other activities of the conference for exchange of thoughts/opinions and scientific interactions.

## ABOUT GWALIOR

Gwalior City located in the Northern Area of Madhya Pradesh State, has now transformed into a smart city, and has marked its identity as a modern city, which is quite encouraging. The city comprises of several Educational Institutions in all disciplines, well developed industrial areas and centre for the promotion of art and culture. Most famous and memorable landmarks include Gwalior Fort, Tomb of Tansen (famous musician), Caves of Jain Tirthankars , Jai Vilas Palace, Museum, Maharani Veerangna Lakshmi Bai Statue, Moti Mahal and Sun Temple. It is well connected by Rail, Road and Air and is situated nearly 315Km from Delhi, 110 Km from the 'Taj City', Agra, and 100 Km from Jhansi U.P.

## ABOUT JIWAJI UNIVERSITY

Jiwaji University established on 23 May 1964, presently has over 45 teaching departments and more than 400 colleges affiliated to it. University has an ecofriendly lush green sprawling campus, Dr. APJ Abdul Kalam, Central Instrumentation Facilities, with modern equipments, Multi Arts and Sports Complex and the best infrastructure in Madhya Pradesh State.

## ABOUT DEPARTMENT

The School of Studies in Physical Education and Sports Sciences was opened in 1992. The department has been functioning as the prime nucleus for the organization of sports activities in various sports disciplines at college, university and national level. The department has established itself as leading sports center in Gwalior-Chambal region and is presently catering to the sports need of children, youths and all people by organizing scientific coaching camp in different games and sports. The sports complex of university is being named as Mahadji Scindia Sports Complex.

## PROGRAMMES OFFERED:

- B.P.Ed (Two Years/Four Semesters)
- M.P.Ed (Two Years/Four Semesters)
- M.Phil (One Year/Two Semesters)
- Ph.D

## THEME:

### FITNESS, HEALTH AND SPORTS SCIENCES

#### SUB -THEMES:

1. Sports Medicine- New Advances in the Field of Sports Injury Prevention and Treatment.
2. Sports Engineering.
3. Advancement in Physiotherapy.
4. Computer Science Involved in Sports Sciences.
5. Motor Skill Acquisition and Sports Psychology.
6. Exercise Physiology and Role of Hormones in Sports and Fitness.
7. Fitness, Nutrition and Health Management.
8. Sports Goods, Material Management and Marketing.
9. Sports Coaching and Training.
10. Drugs and Doping in Sports.
11. Sports Journalism and Mass Media.
12. Yoga and Modern Life.

## CALL FOR PAPERS

The organizing committee invites oral/poster presentations on the above themes. Send your research paper/poster to the Organizing Secretary by the **E-mail before 1<sup>st</sup> March, 2019** along with registration fees. Papers without registration will not be accepted. The intimation of acceptance of paper will be given **on or before 5<sup>th</sup> March, 2019**. Guidelines: **Abstract, Background and Purpose, Hypothesis, Methodology, Result, Conclusion and References.**

**[hodpessjiwajiuni@gmail.com](mailto:hodpessjiwajiuni@gmail.com)**

Paper should be of maximum 3-4 pages in MS-Word 2007 with Font Times New Roman, size 12 for English and Kruti Dev 055/ISM DVB TT Surekh font size 14 for hindi. Self Proof check (Plagiarism as per UGC norms). Paper will be published in the proceedings of the conference with **ISBN**. Time of presentation will be 8 minutes with 2 minutes discussion. For poster presentation recommended poster size: 3.5ft by 4ft(Portrait) with font size 38. Paper in **PDF format will be rejected.**

## REGISTRATION FEES

Category	Registration fees before 1 <sup>st</sup> March 2019	Spot
Delegates/Staff	1500/-	1800/-
PhD Scholar/Student	1000/-	1200/-

**Note :**

- Author & Co-Author has to register separately (Includes Conference Kit, Breakfast, Lunch, Dinner and Certificates).
- Bank details are available in registration form attached with the brochure.

## ACCOMMODATION

- Can be arranged on first come, first basis.
- University Guest House and Hostels.
- Hotels on your own payment.

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Fitness, Health and Sports Sciences  
16-17 March, 2019**

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Designation:.....

Organization/Institution:.....

Address:.....

Phone and Fax Number:.....

E-mail:.....

Title of the Paper:.....

Accommodation Requirement:.....

Details of Registration Fees: DD/RTGS/NEFT

No. :..... Date.....

**DD/RTGS/NEFT in favor of  
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Signature of the Student/Delegate

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**16-17 March, 2019**

**Letter of Intent and Copyright Certificate**

**To,**  
**The Organizing Secretary**  
**NCFHSS - 2019**

Please find enclosed herewith full length paper for publication in the proceedings of NCFHSS – 2019.

Title of Paper: .....

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Author (s) .....

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Author's Signature

**CERTIFICATE**

“It is certified that this article/paper is my own original research work which has not been published/submitted/accepted for publication elsewhere.

I have the consent of the co-authors for this submission and I/We transfer the ownership of the copyright to the publisher of the conference, in the event of publication of this article.”

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